

# West Meade Early Education Center

# APRIL

## 2021



7722 Ray Street  
Fort Meade, Maryland 20755  
Phone: 410-222-6545  
Fax: 410-222-6518

### Office Hours:

8:15 AM–3:45 PM

### School Hours (in person instruction):

8:45 am—doors open

9:05 am—instruction begins

3:30 pm—dismissal

**AM PreK/ECI** –9:05-11:40 AM

**PM PreK/ECI** – 12:55-3:30 PM

### Administration

**Jessica Kallon, Principal**

[jkallon@aacps.org](mailto:jkallon@aacps.org)

### Counselor

**Theresa Lacovara, School Counselor**

[tlacovara@aacps.org](mailto:tlacovara@aacps.org)

### Office Staff

**Linda Best-Hazan, Principal Secretary**

[lbest-hazan@aacps.org](mailto:lbest-hazan@aacps.org)

**Renee Puhl, Registration & Attendance**

[rpuhl@aacps.org](mailto:rpuhl@aacps.org)

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**WestMeadeAACPS**

### April

1-5- Easter/Spring Break

5-18- Virtual Book Fair

7- Chick-fil-A night

7- Kindergarten registration begins.

13/14- Two-hour early dismissal for all students. School closed for p.m.

Pre-K and ECI.

21- Two-hour early dismissal for all students. School closed for p.m.

Pre-K and ECI.

Dear West Meade Families,

Happy *Month of the Military Child!* We are so excited to celebrate our resilient military children this month and we have some fun things planned especially for them! We have successfully welcomed about 110 Hybrid students into our building a month ago, and it has been wonderful seeing all your children's smiling faces both in the hybrid and virtual setting. As a reminder, as the warmer weather is approaching, please dress your child appropriately as we are trying to maximize our outdoor time. Our PTO has been working hard to schedule opportunities to raise money for our school. The PTO will be hosting a virtual Book Fair April 5-18 and a Chick-fil-A Spirit Night on April 7<sup>th</sup> from 4-8PM. We hope to see you there!! More specific information will be sent as we approach those dates. We will celebrate our military students the week of April 12<sup>th</sup> with a Spirit Week! Please join in on the fun! Thank you again for your continued support in making this a fabulous year for our West Meade students.

Sincerely,

Kim VerMerris

Acting Principal



# April Reading Bingo

Keep track of where and when you read books all month long!

**Color** in a square when you complete the activity. Complete **15** squares to win a prize!

R E A D O

On the couch	In my closet	Outside	At night	Right after breakfast
In the bathtub	In my bed	At 6:00 p.m.	On a Sunday	In my pajamas
In the kitchen	By a window		Laying on my back	While I was eating a snack
Laying on my stomach	In a closet	In the living room	On a blanket	I read to my favorite toy
On a Thursday	I read to an adult	At the library	In the car	After I ate lunch

Please email your completed Bingo card to [ksaxe@aacps.org](mailto:ksaxe@aacps.org) by **Friday, May 7<sup>th</sup>**.

Thank you!

# Math

For the month of April students will be exploring the concepts of measuring and sorting objects. With respect to measurement, students will not be using standard units of measure (inches, feet, centimeters, etc.) In Kindergarten, measurement focuses on comparing objects and identifying the object as light or heavy, long, or short. We also look at measuring length and height using non-standard units of measure. Students will use paper clips, cars, coins, or any other object to measure the length of something. Fun activities to play in your house would be to measure how long or wide pieces of furniture are in your house using non-standard objects. This type of measuring also supports rote counting to 100 and one to one corresponds if your child is still struggling with those skills as well. Some fun online activities to support measurement include: [Measure That Foot](#), [Twiddlebug Toss](#), and [Happy Camel](#).

We will also be focusing on sorting. This can be a fun way to help your child organize their toys, clothes, or anything else that can be sorted into groups. Have your child help with sorting the laundry (whites, darks, brights, shirts, pants, etc.) or have them help put away the groceries (cans, refrigerated items, fruits, vegetables). So much sorting happens when cleaning up. Have the students think of different ways to sort the same group (by color, size, shape, etc.) Here are some online resources that students can play on abcy.com: [Same and Different](#) and [Fuze Bug Counting, Sort and Compare](#).

I hope you have great fun supporting your child's learning and have a great month of April.

## Month of the Military Child

Spirit Week

April 12 – 16

**MONDAY: FLAG DAY**

**TUESDAY: RED, WHITE AND BLUE DAY**

**WEDNESDAY: CRAZY HAT/HAIR DAY**

**THURSDAY: PURPLE UP! WEAR PURPLE**

**FRIDAY: CAMO DAY**



Thank you for all you do to support your family and our country! We appreciate you!!!



As Spring approaches, flowers start blooming but unfortunately allergies get worse also. If you have seasonal allergies, make sure you discuss it with your healthcare provider and determine if daily medicine is needed. In the meantime, here are some tips.

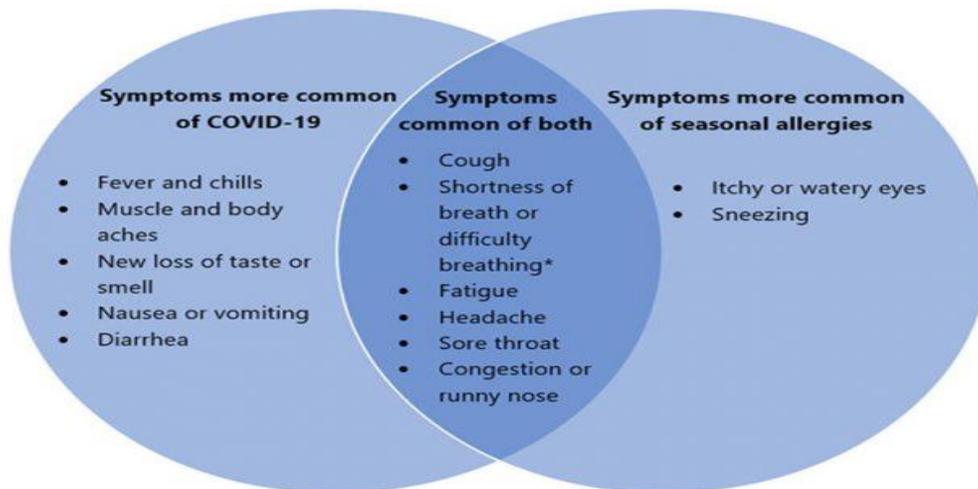
#### What You Should Know About Nose Allergies or Hay Fever:

- Hay fever is very common. It happens in about 15% of children.
- Nose and eye symptoms can be controlled by giving allergy medicines.
- Pollens are in the air every day during pollen season. So, allergy meds must be given daily. They need to be used for 2 months or longer during pollen season.
- Here is some care advice that should help.
  - **Wash Pollen Off Your Hands and Body**
  - Remove pollen from the hair and skin with shampoo and a shower. This is especially important before bedtime and after playing outside.

#### Pollen - How to Reduce the Pollen Your Child Breathes:

- Pollen is carried in the air.
- Keep windows closed in the home, at least in your child's bedroom.
- Keep windows closed in car. Turn the air conditioner on recirculate.
- Avoid window fans or attic fans. They pull in pollen.
- Try to stay indoors on windy days. Reason: The pollen count is much higher when it's dry and windy.
- Avoid playing with the outdoor dog. Reason: Pollen collects in the fur.
- **Pollen Count:** You can get your daily pollen count from [Pollen.com](http://Pollen.com). Just type in your zip code.

Finally, is it Covid or Allergies. Below is a diagram showing the Overlap of COVID-19 symptoms with seasonal allergy symptoms. If in doubt, please contact your healthcare provider.



**School Health Services Positions:** The Anne Arundel County Department of Health is seeking RN's, LPN's and health assistants to provide health services for students in Anne Arundel County Public Schools for the upcoming school year. The positions include:

- Full-time and part-time positions
- No nights or weekends
- Summers off – follows the public school calendar
- Health Insurance and leave benefits  457 Deferred

Compensation Plan For more information or to obtain an application, please call 410-222-6838 or visit our website: [www.aahealth.org](http://www.aahealth.org). Smoke-Free Workplace. EOE.